

DON'T FORGET TO CHECK  
OUR SPECIALS BOARD TOO!



# MENU



CHILDREN'S MENU  
ALSO AVAILABLE

## BREAKFAST

Served 9am - 11:15am

### LOCAL INGREDIENTS

We use local ingredients wherever we can, lookout for the **L** symbol



All our eggs are free range & come from Havensfield Happy Hens in Hoxne, Suffolk



All our sausages & bacon are made with rare breed pork from Tavern Tasty Meats in Swafield, Norfolk

### TOAST WITH...

Two generous rounds of hand sliced white farmhouse or malted grain bread fresh from our bakery with butter and your choice of;

Tiptree preserve  
£1.49 **V**

Heinz Beans  
£2.99 **V**

Fried or scrambled free range eggs  
£2.99 **V L**

**TIPTREE PRESERVE**  
49p (28g)

### CROISSANT & PRESERVE

£2.49 **V**

Warm & flaky, melt in your mouth croissant with butter and your choice of Tiptree preserve

### AMERICAN STYLE PANCAKES & BACON

£4.99 **L**

A stack of American style pancakes and rare breed Norfolk bacon served with maple syrup and butter

### BREAKFAST BAP

£3.99 **L**

A large bap fresh from our bakery filled with your choice of any three items from our breakfast menu

### EGGS BENEDICT

£4.99 **L**

Two free range poached eggs on an English muffin with Norfolk rare breed bacon, served with Hollandaise sauce & rocket

### HIGHWAY "BIG" BREAKFAST

£6.99 **V L**

Two rare breed Norfolk bacon rashers, two rare breed Norfolk or vegetarian sausages, two free range fried eggs, two hash browns, mushroom, griddled tomato, Heinz baked beans & a choice between two slices of toast or fried bread

FREE  
TEA OR  
COFFEE

### FULL ENGLISH BREAKFAST

£4.99 **L**

Two rare breed Norfolk or vegetarian sausages, rare breed Norfolk bacon rasher, a fried free range egg, two hash browns, mushroom, griddled tomato, Heinz baked beans & a choice between toast or fried bread

2 FOR  
£8

FREE  
TEA OR  
COFFEE

ADD AN  
EXTRA ITEM  
TO ANY  
BREAKFAST  
79P

## LIGHT LUNCHES

Served 11:30am - 3pm

### HOMEMADE SANDWICHES

£3.99

Two generous rounds of hand sliced white farmhouse or malted grain bread fresh from our bakery with your choice of filling;

**V L** Smoked Norfolk dapple cheese†, tomato & pickle

**V L** Free range egg mayonnaise & cress

**L** Rare breed Norfolk sausage & Colman's mustard

Cornish brie, rare breed Norfolk bacon & cranberry

Smoked gammon ham, cheddar & chutney

Prawn with Marie Rose sauce

Tuna & cucumber

### HOMEMADE HOT PANINI

£4.99

A freshly grilled panini with your choice of filling and a seasonal salad;

**V** Roasted vegetable Tuna & cheese melt

**V** Cheese & red onion Bacon, brie & cranberry

### CARVERY BAGUETTE

£4.99 **L**

A freshly baked warm demi baguette filled with your choice from today's carvery selection, served with seasonal salad & sauce

### SOUP OF THE DAY

£3.99

Served with malted grain or white farmhouse bread fresh from our bakery. Please see specials board for today's selection

### OMELETTE

£5.99 **L**

A free range egg omelette with your choice of filling & served with chips or seasonal salad;

**V** Cheddar cheese

**V** Mushroom

Smoked gammon ham

### JACKET POTATO

plain £3.99, filled £4.99 **L**

A Norfolk grown jacket potato with butter or your choice of filling;

**V G** Cheddar cheese

**V G** Heinz Baked beans

**V** Homemade coleslaw

**G** Homemade chilli

Tuna & sweetcorn

Prawn Marie rose

### NORFOLK CARVERY

£7.49 **L**

Choose your carvery selection, then load your plate with local seasonal vegetables, Norfolk roast potatoes, trimmings & lashings of gravy

### PASTA POMODORO

£5.99 **V**

Penne pasta in a sweet cherry tomato sauce served with garlic bread

### HOMEMADE CHILLI

£6.99 **G L**

Norfolk reared minced beef in chilli sauce, served with white rice, tortilla chips & a pot of sour cream

### HAM, EGGS & CHIPS

£5.99 **G**

Smoked gammon ham & two free range fried eggs with chips

### WHITBY SCAMPI

£7.99

Crispy Whitby wholetail breaded scampi served with chips, peas, lemon & a pot of tartare sauce

### 8oz SIRLOIN STEAK

£9.99 **L**

Norfolk reared sirloin steak, chips, mushroom, griddled tomato, onion rings & rocket

## SIDES

PORTION OF CHIPS  
£1.49

GARLIC BREAD  
99p

CHEESY CHIPS  
£1.99

CHEESY GARLIC BREAD  
£1.49

HOMEMADE COLESLAW  
99p

ONION RINGS  
99p

### VEGETABLE NUT ROAST

£6.99 **V**

A root vegetable, apricot & goat's cheese nut roast served with a seasonal salad

### SWEET POTATO, SPINACH & CHICKPEA CURRY

£6.99 **V V G**

Chunks of sweet potato & chickpeas in a creamy coconut curry sauce, served with white rice

### SAUSAGES, EGGS & CHIPS

£5.99 **V L**

Two rare breed Norfolk or vegetarian sausages, two free range fried eggs & chips

### BURGER & CHIPS

£5.99 **V L**

Norfolk reared beef or vegetarian burger in a seeded bap with chips & seasonal salad.

### GAMMON STEAK

£7.99 **G L**

Norfolk reared gammon steak served with chips, peas & pineapple

ADD  
CHEESE OR  
BACON  
79P

## SALADS

Fresh seasonal salads with your choice of dressing

### GARDEN SALAD

£2.49 **V**

Fresh seasonal salad, tomato, cucumber & red onion

### CHICKEN CAESAR

£7.99

Griddled chicken fillet, croutons & parmigiano reggiano shavings on a bed of cos lettuce

### CARVERY SALAD

£5.99

Your carvery selection with fresh seasonal salad. See specials board for today's selection

### NORFOLK PLOUGHMANS

£6.99 **V L**

Selection of Norfolk cheeses†, chutney, pickled onion, chunk of bread & seasonal salad

### BLUE CHEESE & APPLE

£5.99 **V L**

Mrs Temples Binham blue cheese, fresh apple, walnut halves, celery & fresh seasonal salad

**L** Local ingredients **G** Gluten Free **V** Vegan **V** Vegetarian

ALLERGIES: We produce our food in an area where allergens are handled and while we try to keep things separate we cannot guarantee any item is allergen free. For more information about allergens please ask a member of staff to see the Allergen In-Store Information guide. †Contains un-pasteurised cheese



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# MENU



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ALSO AVAILABLE

## COLD DRINKS

### BEER & CIDER

**ADNAMS SOUTHWOLD BITTER**  
£3.49 **L**  
(500ml, 4.1%)

**ADNAMS BROADSIDE**  
£3.49 **L**  
(500ml, 6.3%)

**ASPALL PREMIER CRU CYDER**  
£3.49 **L**  
(500ml, 7%)

**PERONI NASTRO AZZURO**  
£2.99  
(330ml, 5.1%)

**BECKS BLUE**  
£2.49  
(275ml, alcohol free)

### SOFT DRINKS

99p can (330ml)  
£1.49 bottle  
(500ml)

### FRUIT SHOOT

99p (275ml)  
Apple &  
blackcurrant  
Orange  
Summer Fruits  
Tropical



All of our milk is sourced from East Anglian cows and supplied to us by Marybelle Dairy in Walpole, Suffolk

### MILK

99p (275ml)

### MILKSHAKE

£1.49 (275ml)  
Chocolate  
Strawberry  
Banana

### FRUIT JUICE

£1.49 (275ml)  
Orange  
Apple

### BELVOIR PRESSÉ

£1.49 (250ml) **L**

**FENTIMAN'S BOTANICALLY BREWED BEVERAGES**  
£1.99 (275ml)



### Lifeboats

### COASTAL SPRING WATER

99p (250ml)  
£1.99 (750ml)

Still or Sparkling

Supports the RNLI by donating 1p for each bottle of Coastal Spring sold

## WINE LIST

### WHITE

£3.49 per glass (187ml)

Yellow Tail Pinot Grigio (Australia, 11.5%)

Casillero Del Diablo Sauvignon Blanc (Chile, 13%)

Blossom Hill Chardonnay (USA, 13%)

Chalcots Blend No.5 Sauvignon Blanc soda spritzer, 5.5%

### ROSÉ

Blossom Hill White Zinfandel (USA, 10%)

Blossom Hill Rosé, (Italy, 10%)

### SPRITZER

£2.99 (500ml)

Chalcots Blend No.5 White Zinfandel soda spritzer, 5.5%

### RED

Yellow Tail Shiraz (Australia, 13.5%)

Casillero Del Diablo Cabernet Sauvignon (Chile, 13.5%)

Blossom Hill Merlot (USA, 13%)

## HOT DRINKS

### LUXURY HOT CHOCOLATE

£1.99

### ITALIAN WHITE HOT CHOCOLATE

£2.49

### AFTERNOON TEA

£6.99 per person

A selection of sandwiches & cakes served on a cake stand & your choice of tea or coffee

GROUP BOOKINGS ALSO TAKEN

## TEA

Decaffeinated tea also available

### EVERYDAY TEA

£1.29 for one  
£1.99 for two

### EARL GREY

£1.49  
Flavoured with bergamot orange oil extract

### STASH TEA FUSIONS

£1.49  
Choose from a large range of flavoured fruit, herbal & spiced teas

### CREAM TEA

£3.99  
A pot of tea for one served with a freshly baked homemade fruit scone, Tiptree strawberry preserve & Cornish clotted cream

## LAVAZZA COFFEE

Italy's favourite coffee, medium roasted with a full-bodied, rich and intense aroma. All coffees are available decaffeinated

### FILTER COFFEE

£1.49 A smooth coffee with a rich aroma

### ESPRESSO

£1.79 The classic Italian coffee, short and black with an intense aroma

### CAFÉ AMERICANO

£1.99 Espresso topped with hot water (hot milk optional)

### CAFÉ MACCHIATO

£1.99 Espresso marked with frothed milk

### CAFÉ LATTÉ

£1.99 Espresso topped with hot milk

### CAPPUCCINO

R £1.99 L £2.49  
Espresso topped with hot milk, frothed milk & dusted with chocolate powder

### MOCHA

£2.99 Blend of espresso & rich hot chocolate

ADD A FLAVOUR SHOT 50P

EXTRA ESPRESSO SHOT 50P

## JUST DESSERTS

Served 11:30am - 3pm

### ALDOUS ICE CREAM

Aldous Traditional Ices are made locally in Norwich to an old family recipe, using fresh milk from a local farm. Please ask a member of staff for today's selection of ice creams & sauces

### TRIPLE SCOOP

£3.99 **L**

Any three scoops of your chosen ice cream from today's selection

### ICE CREAM SUNDAE

£4.99 **L**

Any three scoops of your chosen ice cream piled in a sundae glass with cream, wafer and your choice of sauce

### GATEAU SLICE

£3.99 **V**

Choose a slice from today's selection of gateaux in our dessert cabinet. Served with fresh cream or ice cream

### STICKY TOFFEE PUDDING

£3.49 **V**

Traditional moist steamed sponge pudding in a sticky toffee sauce, served with your choice of fresh cream, vanilla custard or Aldous traditional ice cream

### TORTE / CHEESECAKE

£3.99 **V**

Choose from today's selection of tortes & cheesecakes in our dessert cabinet. Served with fresh cream or ice cream

### CHOCOLATE SPONGE PUDDING

£3.49 **V**

Traditional moist steamed chocolate sponge pudding, served with your choice of fresh cream, vanilla custard or Aldous traditional ice cream

### INDIVIDUAL TART

£3.99 **V**

Choose from today's selection of tarts in our dessert cabinet. Served with fresh cream or ice cream

### JAM SPONGE PUDDING

£3.49 **V**

Traditional moist steamed sponge pudding with a fruity strawberry jam & served with your choice of fresh cream, vanilla custard or Aldous traditional ice cream

### GLUTEN FREE NEW YORK CHEESECAKE

£3.99



A rich cheesecake with a dense, smooth and creamy filling on a crunchy biscuit base.

And best of all, this cheesecake is gluten free!

